



B.M.S EDUCATIONAL TRUST

Ph: 080-26601836

## **B.M.S COLLEGE FOR WOMEN**

**Autonomous Institution under Bengaluru City University, Bengaluru.**

**NAAC Accreditation 'A' Grade**

Bugle Rock Road, Basavanagudi, Bengaluru – 560 004

### **TITLE: ZEAL**

**OBJECTIVES:** Goal is to raise standards of sports, provide experience leadership quality, discipline, foster sportsmanship and to give exposure to good players to achieve at higher level competition.

**CONTEXT:** College hosted annual intercollegiate sports fest, games organized were Volleyball, Throwball(students and staff), Hand ball, Kho-Kho, Ball Badminton, Kabaddi, Netball, and Shuttle Badminton.

**THE PRACTICE:** Encourages students from various colleges to participate as it gives a fresh perspective on life and a new approach to deal obstacles.

**EVIDENCE OF SUCCESS:** It has encouraged students to pursue Physical Education as a career, who are now striving to reach greater heights by enhancing skills, techniques and advance towards ranking competitions.

**PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:** The performance varied in few players where they needed counselling to overcome negative points.

### **Title: FEMALE HEALTH AND HYGEINE**

**OBJECTIVE:** Maintaining hygiene practices

**CONTEXT:** Pad vending machines and incinerators for disposing pads. Students created awareness on health related issues for public

**THE PRACTICE:** College promotes well-being and encourages students for community engagement in educating.

**EVIDENCE OF SUCCESS:** we could notice health practice in students and children of schools where awareness program were conducted.

### **PROBLEM ENCOUNTERED AND RESOURCES REQUIRED**

1. As the student's strength is more, procurement of machines is required.
2. Getting permission from local authorities